



TEAM USA Presentation



Aug 7, 2022 – Via Google Meet

Prepared By: Master Jade Hwang

ITF USA BOARD APPROVED

**Please email all questions to:
TeamUSA@ITF-USA.org**



**Master Jade Hwang
Chairperson ITF-USA Coaches Committee
M.S. Sport Management**

Agenda

Roll Call

Mission and Goals

Expectations

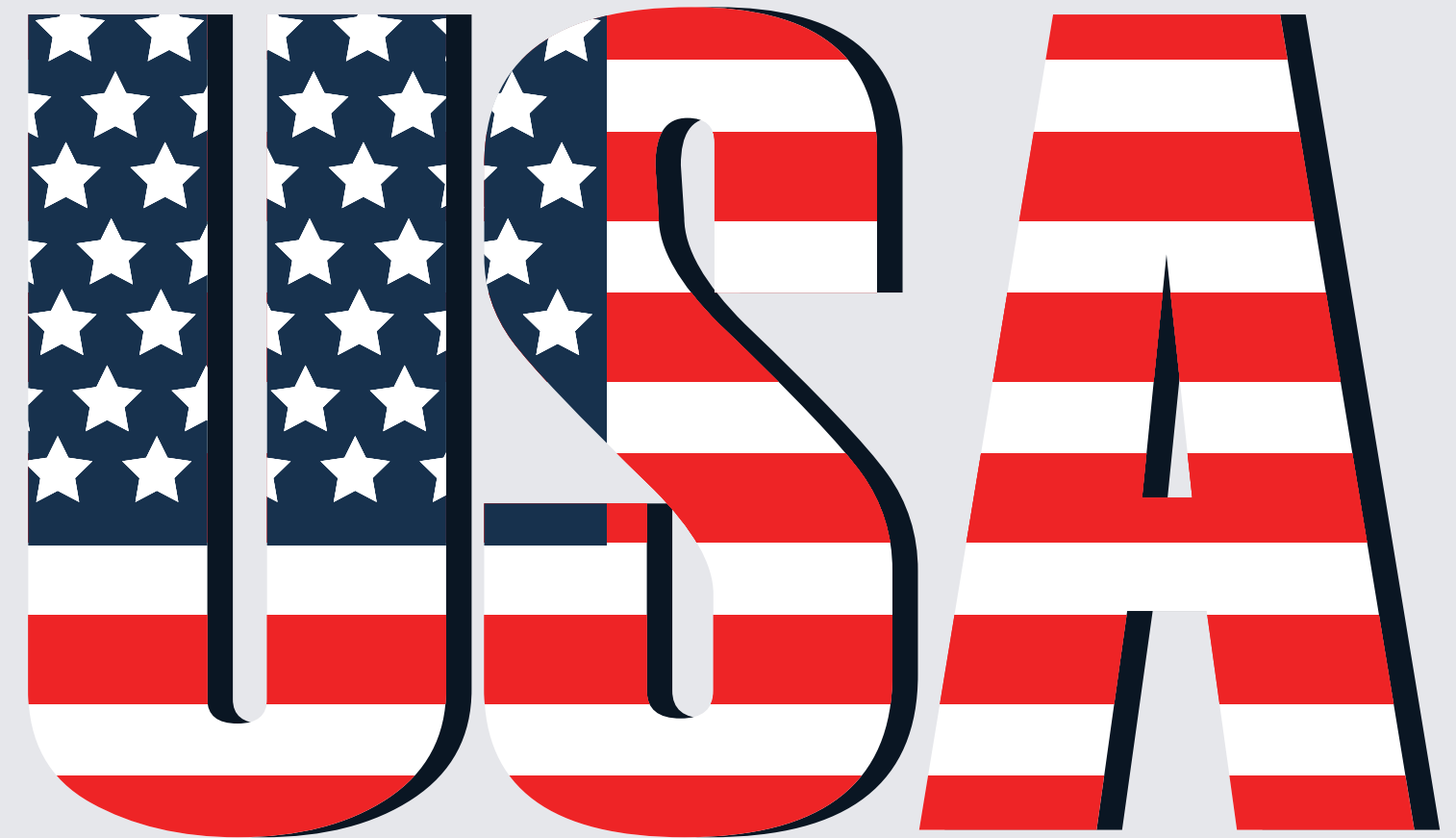
Requirements

Application & Fees

Training & Evaluations

Schedule

Team Selection Process





TEAM MISSION

To be the standard of excellence for Taekwon-Do in the United States. To represent the United States as a unified team at the ITF World Championships while upholding the tenets of Taekwon-Do.





Goals

Goals

- Develop competitors and coaches who will successfully represent the USA at Worlds.
- Host training sessions that will focus on preparing competitors and staff for international competition.
- Collaborate with other committees to ensure all members up to date with rules and regulations.
- Ensure that standard operating procedures and guidelines are followed:
 - Criteria, culture and best practices.
 - Certifications and qualifications of staff (i.e. history, background checks, safety training, CPR/First Aid, core values, management style)
 - Staff and athlete expectations, behavior, safety, diversity and inclusion.
 - Selection of Team USA



Expectations

Be Prepared

Being part of an elite level team is a process that takes time and dedication as well as the ability to overcome challenges, adapt and grow as a martial artist.

Plan Ahead

The travel and training ahead will require a major investment of time and money from you and your supporters. An international trip will cost between \$3,000–\$5,000 per person plus additional tournament entry fees, team equipment/apparel and travel expenses.

Expectations and Guidelines

Commitment to team goals is essential and will take precedence over individual goals. Team unity and chemistry are key for a positive and successful training experience. See guidelines.

Requirements



Qualifications

Candidates for both team and individual events must meet the following requirements:

- Complete Team Application (\$29) Itf-usa.org
- Age and rank as listed in the official ITF rules
- Valid ITF membership
- Chief instructor approval and support
- Compete at USA Nationals
 - To qualify candidates must attend at least one in person training session prior to nationals.

Evaluations

Candidates will be evaluated based on the following:

- Participation and performance at in person and online training sessions
- Coach-ability, attitude and effort
- Participation and performance at USA National Championship

Applications and Fees

- All interested competitors, coaches and umpires must complete the team application by Sept 5, 2022.
 - Application available at www.itf-usa.org. \$29 Non-refundable fee
 - One coach per dojang will receive a fee waiver
 - All umpires please email to qualify for a fee waiver
 - Email: teamusa@itf-usa.org
 - Access to two online training sessions (September and November)
 - Feedback and notes from coaches
- Training Fee - Non-refundable
 - \$300 - Due December 1st
 - Weekend training sessions lead by experienced, world class coaches and trainers
 - Fitness testing and progress checks
 - Nutrition guidance for athlete performance
 - Specialized training for team and individual events
 - Evaluations and on going feedback from coaches
- Students who are interested in training with the team but do not want to be considered for competition may apply to the training program with chief instructor permission. (minimum age 10 and 4th gup)

Training and Evaluations

The long term success of Team USA is dependent on creating a culture that upholds the tenets and is centered around teamwork and accountability. Trainings sessions will focus on:

- TKD instruction lead by experienced team trainers, coaches, Masters and Grandmasters
- Mock competitions to implement protocol, practice performance under pressure and become familiar with the rules and regulations of international competition.
- Building team camaraderie, chemistry and trust
- Providing opportunities for situational practice to prepare our competitors and staff for the physical and mental rigors of elite level competition.

Competitors will be evaluated by the committee during each training session. These evaluations will be valuable in providing a full athlete profile prior to selecting a team. The more we know about each competitor the better.

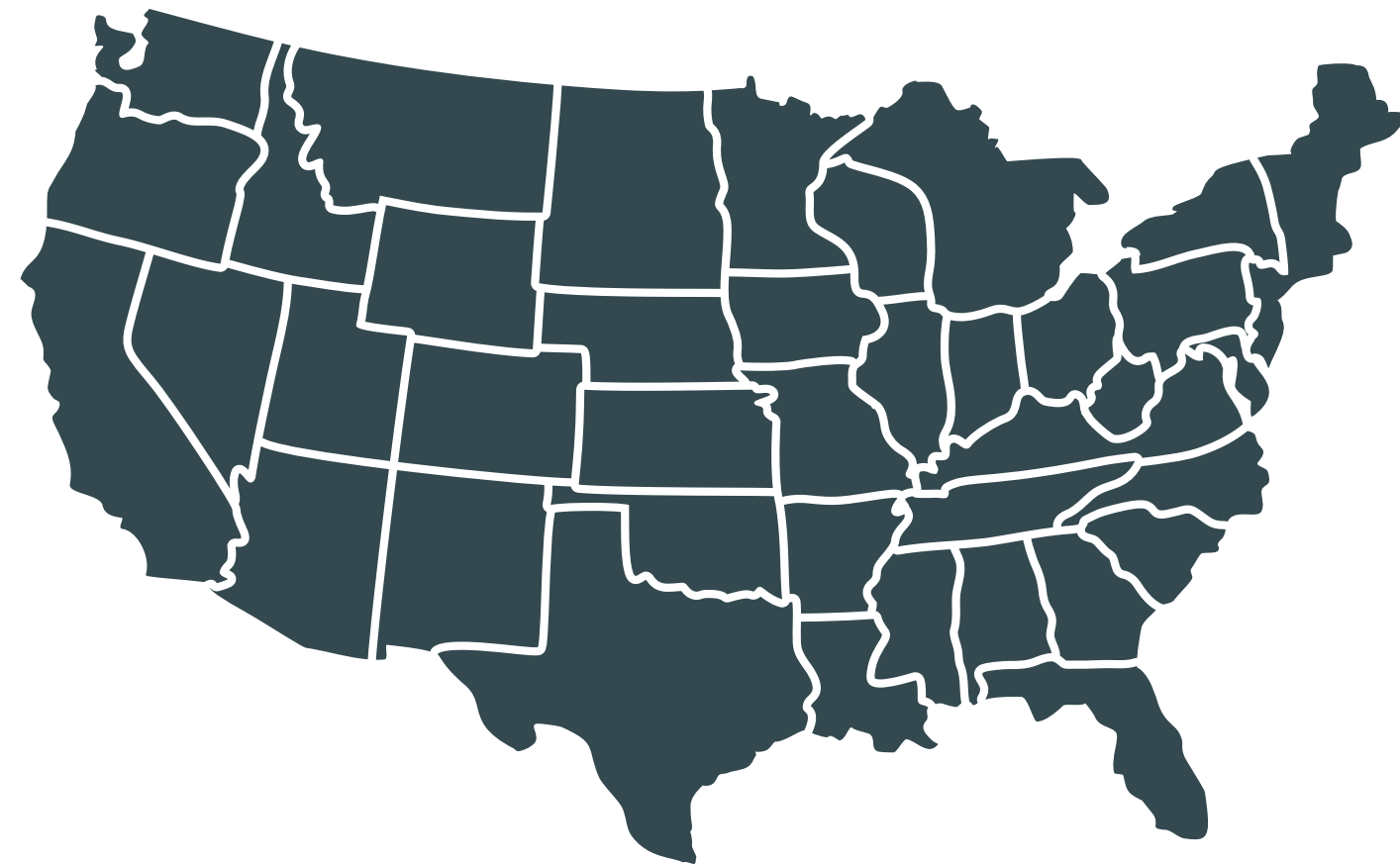
All training sessions, both in person and via Google Meet are considered a mandatory part of the training and evaluation process. If you will be unable to attend a session for any reason please send an email to teamusa@itf-usa.org as far in advance as possible.

Training and Evaluations

All competitor candidates are expected to participate in the following training sessions in-person. To qualify for nationals candidates must participate in at least one in person training.

1. December - Phoenix, AZ
2. March/April - Northeast - TBD
3. April/May - Albuquerque, NM (Nationals weekend)
4. July -Northeast- TBD

Candidates should participate/train together regionally as much as possible for scheduled Google Meet training sessions.





SCHEDULE

August

Aug 7th Open Meeting -
via Google Meet
Team application period opens - \$29

September

9/10 ITFA Coaches Course and
Umpire Review - ITFAmerica.org

Training- via Google Meet

October

World Cup - Koper, Slovenia

November

Training - via Google Meet

December

Training Fee Due - \$300

In person Training -
Phoenix, Arizona

January 2023

Training - via Google Meet

February

Training - via Google Meet

March

Training via Google Meet

March/April

In person training - Northeast

April/May

USA National Championship
Albuquerque, NM

July

Team USA Mini Camp
Northeast

September

Sept 4th-10th
World Championships - Finland



Team Selection

Individual Events

Competitors for individual events will qualify as follows:

- Winner and runner up of event category at nationals will automatically qualify for Worlds

Team Events

Competitors for team events, with the exception of pre-arranged sparring, will be selected as follows:

- Team chemistry at national training sessions.
- Strongest potential/viability for medals
- Coach-ability, attitude and effort
- Participation and performance at USA National Championship
- Pre-arranged sparring team that wins nationals will represent the USA at Worlds

**Please email all questions to:
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**Team Application Available at:
www.ITF-USA.org**



INTERNATIONAL TAEKWON-DO FEDERATION